

## **Suggested style and format for supplementary materials**

Font style throughout the documents, including the text, tables and graphs should be:  
**Tahoma, single spaced.**

Font colour: **black**

### **Text**

- Integrated in doc then exported as PDF
- Main heading 14pt bold
- Headings 12pt bold
- Text 10pt

### **Tables**

- Integrated in doc then exported as PDF
- Main table heading 10pt bold
- Table text 9pt
- Headings in table 9pt bold
- Legends 9pt
- Footnotes 8pt

### **Figures**

- Integrated in doc then exported as PDF
- Minimum width 85mm, maximum width 180mm
- Minimum resolution 300 dpi for figures as pictures, or in native vector format (i.e. Excel), or in other vector format (i.e. .emf)
- Main figure heading 10pt bold
- Legends 9pt
- Footnotes 8pt

### **Pictures**

- Minimum width 85mm, maximum width 180mm
- Minimum resolution 300 dpi

### **Audio**

- Preferably MP3 format

### **Video**

- Preferably mp4 format